

I Am A Game Changer:

4 Keys to Unlock the Game Changer Within

The Game Changer Mindset

Key 1: Self-Leadership

Key 2: Resilience

Key 3: Curiosity through change

Key 4: The Power of Connection

"[human connection] is an energy exchange between people who are paying attention to one another. It has the power to deepen the moment, inspire change and build trust." Brent Brown

"If you're doing Lyfe alone, you're doing it all wrong." Kenston Henderson, Sr.

Notes:

What key(s) will I commit to taking action on as a result of this session?

I will... _____

I will... _____



Give feedback to Kenston

I AM A GAME CHANGER

When I show up I significantly impact situations, circumstances and or outcomes and help raise the level of skill and awareness in the people around me.

Scan this QR code



Or go to

<https://talk.ac/kenstonhenderson>

and enter this code when prompted